

# Family Internet Safety Agreement

## Keeping Our Digital World Safe and Positive

The internet is a powerful tool for learning, connection, and fun. As a family, we commit to using technology responsibly and safely. By signing this agreement, we pledge to support each other in creating a safe, balanced, and respectful online environment.



## 1. Safe and Smart Internet Use

- I will keep my personal information (full name, address, phone number, passwords) private and only share it with trusted adults.
- I will think before I click and avoid clicking on suspicious links, pop-ups, or unknown messages.
- I will never share passwords, except with my parents/guardians.
- I will talk to a trusted adult before downloading new apps, games, or software.

## 2. Respecting Others Online

- I will treat others with kindness and respect in all my online interactions.
- I will not participate in or tolerate cyberbullying, hate speech, or harmful behavior.
- I will ask permission before posting photos or videos of others online.
- I will report any inappropriate or harmful content to a trusted adult.

### 3. Balancing Screen Time

- I will follow my family's screen time rules and take breaks to engage in offline activities.
- I will turn off devices during family time, meals, and bedtime.
- I will use technology to learn, create, and connect in positive ways.

### 4. Staying Safe on Social Media and Games

- I will only use age-appropriate apps, games, and websites approved by my parents/guardians.
- I will be cautious when chatting with people I don't know in real life.
- I will never meet someone from the internet without my parents/guardians' knowledge and presence.



### 5. Communicating Openly

- I will talk to my parents/guardians if I see or experience anything online that makes me uncomfortable.
- I understand that my parents/guardians are here to help, not to punish me for asking questions or seeking help.
- I will be honest about my online activities and ask for guidance when needed.

#### Signatures

By signing below, we agree to follow this Family Internet Safety Agreement to keep our online experiences safe and positive.

Child's Name & Signature: \_\_\_\_\_

Parent/Guardian's Name & Signature: \_\_\_\_\_

Date: \_\_\_\_\_