

Empowering Parents: A Guide to Raising Faithful Children

Insights from Lee Ann Mancini



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Introduction

The Modern Christian Parenting Challenge

Just five years ago, it was reported that 45% of middle school and 75% of high school and college-aged children from Christian homes were walking away from their faith. More recent data from Arizona Christian University and the Barna Group reveals even more troubling trends: among children aged 13–14 from Christian families, 84% do not believe we are born into sin and need salvation, and 70% either deny the existence of Satan or believe he is a myth. As George Barna warns, “Today, we stand on the brink of irreversible self-destruction.” I believe the growing anti-Christian culture we face today is a result of failing to raise strong Christian leaders in the four pillars of society: government, academia, media, and the church. Furthermore, I believe one of Satan’s most powerful tools today is the media and cell phones.

As a Christian parent, guiding your children through today’s digital world can feel

overwhelming. Every day, the influences around us seem to drift further from the biblical truths we hold dear. You may wonder, How do I help my children stay rooted in Christ while navigating this fast-paced, tech-driven world?

You are not alone. The pressures of modern parenting are very real, but take heart—there is hope. As a parent, you have the most profound influence on your child’s spiritual journey. Through daily prayers, modeling Christ’s love in your home, and teaching your children to turn to scripture when faced with challenges, you are planting seeds of faith that will carry them through life. I have seen firsthand the powerful impact a parent’s guidance can have. It’s not about being perfect; it’s about being present and purposeful in pointing your children to Christ.

But I understand that faith doesn't grow in isolation. In today's world, the noise of culture often tries to drown out the quiet, guiding voice of the Holy Spirit in our children's hearts. This is where practical tools—like technology—come into play.

When used wisely, technology can be a powerful ally in your child's spiritual development. This is where Troomi Wireless can make a real difference. As parents, we know that technology can be both a blessing and a challenge—it opens doors to knowledge but also to distractions and harmful content. Troomi equips you with tools that help manage your child's digital experience in a way that aligns with your values, protecting their hearts and minds while giving them the freedom to explore safely.

You are not just raising children; you are raising spiritual warriors equipped to stand firm in their faith. By guiding them with intention, love, and a clear understanding of the digital world they are growing up in, you are setting them up to thrive—not just in their relationship with Christ but in every aspect of life.

In this guide, I share practical advice from my years of experience in Christian parenting alongside Troomi's expertise in digital safety. Our goal is to empower you as a parent to raise children who are safe and responsible online and deeply rooted in their faith.



CHAPTER 1

The Role of Technology in Parenting

Navigating the Digital Landscape

Technology is a mixed blessing in the realm of Christian parenting. On one hand, it opens up a world of educational opportunities, offering access to a plethora of resources that can significantly enrich a child's learning experience. This access fosters connections with peers and family members, even across great distances, breaking down geographical barriers that once limited communication and collaboration. With the internet at their fingertips, children can explore new subjects in depth, engage in interactive learning through dynamic platforms, and collaborate on projects with friends from around the globe, allowing for a diverse exchange of ideas and perspectives. These experiences can greatly enhance their understanding of the world and encourage critical thinking skills.

But as with all things, technology comes with risks. While it offers countless learning

opportunities, it exposes our children to dangers we must take seriously. The internet, though full of valuable information, can also be a place where inappropriate content, cyberbullying, and online predators lurk. Social media, in particular, can present a toxic environment where children feel pressured to meet unrealistic standards, leading to feelings of inadequacy or confusion about their identity. As Christian parents, it's our responsibility to guide our children through these potential hazards, teaching them how to use technology wisely and in ways that honor their faith and values.

This is why understanding how to navigate the digital landscape is so crucial. By managing technology responsibly, we can allow our children to reap its benefits while protecting them from harm. Troomi Wireless offers solutions specifically designed to help parents in this digital age, provid-

ing tools that make managing your child's online experience simple and effective. Troomi's platform includes a safe internet browser to help your child learn to use the Internet safely. You can curate their internet with parent approved sites, so your child only sees appropriate vetted material for their age. With app management tools, you can decide which apps your child can access, empowering you to make decisions that align with your family's values. Their communication features allow children to connect safely with friends, all while giving parents peace of mind about their interactions online.

Troomi doesn't stop at providing tools. They also offer resources to help parents stay informed and equipped to raise children in a tech-driven world. With webinars, FAQs, and blog posts, Troomi helps families learn about screen time management, digital etiquette, and more. These resources are designed to help you find the right balance between technology and real-world interactions, ensuring your child grows up well-rounded and secure in their digital and physical environments.

To further enhance your understanding of how to protect your children online, I encourage you to explore Troomi's [blog post on online safety](#). This resource offers practical tips and strategies for navigating the



complexities of technology in today's world, covering topics such as recognizing warning signs of cyberbullying and developing an open dialogue with your children about their online activities. By staying proactive and engaged, you can help create a digital environment that is not only safe but enriching, giving your children the tools they need to use technology wisely and responsibly. With the right guidance and tools, we can

help kids grow into confident, faith-filled individuals who can use technology to enhance their lives without compromising their values. Let's work together to find a balanced approach that nurtures growth and learning, protects children's safety and well-being, and helps them thrive in every aspect of their lives.

CHAPTER 2

Introducing The Mission

An Advocate for Christian Parenting

I'm so grateful for the opportunity to walk alongside you on this incredible journey of raising children in the Christian faith. As an author, speaker, and passionate advocate for families, my mission is to equip you with the essential tools and resources you need to nurture your children spiritually amid the many challenges presented today.

Having spent years navigating the beautiful yet sometimes overwhelming landscape of parenting and education, I've come to understand the struggles we encounter. These challenges can feel daunting, from the pressures of technology and societal expectations to the daily distractions that can shake our spiritual foundations.

Josh Mulvihill, Executive Director of Church & Family Ministry from Renewation, points out:

“Wordly influence in the hearts of our children is hard to detect, because it takes time for weeds to grow. With God’s grace and proper training, our children can be Bible-believing Christians who are spiritual salmon, swimming against the current of culture.”

I desire to help you build a firm spiritual foundation for your family that will guide you through life’s complexities and uncertainties. In a world of distractions and competing messages, nurturing our children’s spiritual growth is more important than ever. Faith is the anchor that grounds us through life’s uncertainties, offering peace, purpose, and direction. My goal is to help parents intentionally weave Christian values into the rhythm of everyday life, creating a home where both parents and children can grow in their relationship with God.

This work is so vital because our children are constantly bombarded by influences that can pull them away from their spiritual roots. When we establish faith in the Lord as the center of our family dynamic, we give our children a strong moral foundation that's grounded in biblical truth and will guide them throughout their lives. It's about more than just teaching them; it's about living out our faith in a way they can see and feel. When our children witness us praying, worshiping, and serving others, they learn that faith is something real and powerful that will help them navigate the world with confidence and grace.

By making faith a natural part of family life, we foster an environment where our children can ask questions, explore their spirituality, and develop a personal relationship with Christ. And as parents, we become the role models they need, demonstrating the power of a life rooted in God. My mission is to inspire and equip families to live out



their faith together, helping their children grow in spiritual strength and resilience. That's what drives everything I do, from podcasts to books to speaking. Together, we can raise children who know and love God and are ready to face the world with His light guiding their path.

For families seeking more support on this journey, there are many resources available to help along the way. My book, [Raising Kids to Follow Christ: Instilling a Lifelong Trust in God](#), offers practical, faith-based strategies for instilling strong Christian values in your children. The blog on my website provides additional insights, reflections, and encouragement for navigating the everyday challenges of parenting with faith at the forefront. For instance, in my [blog post on prayer](#), I explore the significance of teaching our children how to communicate with God. I share thoughtful approaches that can help you create a prayerful atmosphere at home where open discussions

about faith can flourish. Finally, through my [podcast, "Raising Christian Kids,"](#) you'll hear inspiring interviews from experts in faith formation and gain actionable advice to bring faith into every corner of your home. Each resource is designed to support you in creating a spiritually rich environment where your children can thrive in their relationship with God. Together, we can build homes where God is at the center, helping us raise the next generation of faithful, Christ-following leaders.

With every initiative, my dedication to empowering you as parents remains unwavering. I aim to help you raise Godly, grounded children, ensuring that faith remains a guiding light in your lives. Let's embark on this faith journey, equipping our children to face the world with confidence and grace.



CHAPTER 3

Practical Parenting Tips

Actionable Advice for Faith-Filled Parenting

Teaching Bold Faith:

Encouraging your children to be confident in their beliefs is essential. It's not just about teaching them what to believe, but to have a transformed heart so they believe in their heart what is true. This will help them to articulate their faith boldly. Let's explore biblical stories that exemplify bravery and faithfulness, such as David and Goliath or Esther's courage. These narratives are filled with lessons that can inspire our children to embrace their faith with conviction.

Start by discussing these stories in depth. Ask your children questions about their thoughts and feelings regarding the characters' actions. How would they respond in similar situations? We can help them connect the lessons learned to their own lives by engaging in heartfelt conversations. Encourage them to share their thoughts and

feelings about faith in a safe environment. This nurturing approach fosters open dialogue and creates a sense of trust, allowing them to explore their beliefs without fear of judgment. Not only does this cultivate their spiritual growth, but it also strengthens the bond within our families, reminding us that we are all on this journey together.

Positive Reinforcement:

Positive reinforcement is a powerful way to affirm your children's good behaviors and faith-based actions. Celebrate their achievements, no matter how small. Each act of kindness or moment of honesty deserves recognition. This affirmation encourages them to continue making positive choices and deepens their understanding of living a faith-centered life.



Consider starting a “kindness jar” in your home to make this practice more engaging. Family members can write notes about each other’s good deeds and place them in the jar. At the end of the week, gather together and read the notes aloud. This simple yet impactful practice builds their self-esteem and reinforces the values we want to instill. By recognizing and rewarding these behaviors, we help our children understand the importance of practicing faith in practical ways. It’s a beautiful way to cultivate a spirit of encouragement and gratitude within your family.

Building Strong Foundations:

Regularly engaging in family devotions and prayer creates a strong spiritual foundation for our children. This time together can become a cherished ritual they look forward to each day. Set aside dedicated time daily to read scripture, discuss its meaning, and pray as a family. You might find that incorporating themes from the Bible into

your daily conversations creates an atmosphere rich in faith. Perhaps set a timer for three times a day to help you stop and drop what you’re doing and say a prayer or read a bible verse. Children find this to be a fun game to connect with Jesus! Also, make sure play areas reflect Destiny Land and not Disneyland. Albert Einstein said, “Play is the highest form of research.”

Make this time special! You could light a candle or create a cozy corner in your home for these activities, making it a welcoming space for everyone. Consider using age-appropriate materials, such as children’s Bible stories or devotionals, to engage your kids and keep them interested. Incorporating faith into your daily routines—through mealtime prayers, bedtime stories, or even spontaneous moments of gratitude—will make faith an integral part of your family’s life. This consistent practice nurtures a lasting relationship with God, allowing our children to feel deeply connected to their faith as they grow.

Creating Community Connections:

Another crucial aspect of nurturing faith in your children is connecting them with a community of believers. Encourage them to participate in church activities, youth groups, or community service projects. These experiences allow them to see their faith in action and help them build relationships with others who share their beliefs. It also provides opportunities for mentorship and guidance from trusted adults in your faith community, which can be incredibly valuable for their spiritual development.

Embracing the Journey Together:

Remember, parenting is a journey filled with both challenges and blessings. As you navigate this path, let's embrace the beautiful parenting journey, raising our children to be confident in their faith and equipped to shine their light in the world. I encourage you to remain intentional in your efforts,

seek guidance through prayer and biblical wisdom from the word, and lean on your community for support. Let's create an environment where our children learn about faith and experience it fully, growing into the wonderful individuals God has called them to be as lifelong followers of Christ.

For more detailed advice and insights, I encourage you to read this blog post on [building a strong spiritual foundation](#), where you'll find additional resources and encouragement to support your parenting journey. This blog is a treasure trove of ideas and tips designed to help you become the best faith-filled parent you can be, guiding your children as they navigate their spiritual paths.



CHAPTER 4

Raising Kids To Follow Christ

Why This Book is a Must-Read

“Raising Kids to Follow Christ” is a heartfelt companion for Christian parents journeying through the beautiful yet sometimes challenging parenting landscape in our fast-paced, often secular world. In this compassionate book, I invite you to explore essential themes such as instilling biblical values in our children from a young age, nurturing a loving and supportive home environment, and navigating the complexities of modern life while keeping Godly principles at the heart of our family.

This book is not just a collection of advice; it’s a source of encouragement for those days when you might feel overwhelmed about what needs to be done to be an effective Godly parent. Together, we can embrace the joy and responsibility of raising children who love and follow Christ.

Drawing on my own experiences as a mother and a Christian educator, I share relatable stories that reflect the highs and lows of parenting. I believe in the power of storytelling to connect us, offering practical and expert advice that speaks to parents at every stage of their journey. I hope to help you and your family create a strong, spiritual connection to the Lord, which will serve as a guiding light for your children as they grow and encounter life challenges.

I encourage open discussions about faith throughout this book, inviting families to explore important questions together, helping their children to become critical thinkers. This process helps children develop their understanding of Christianity, and it reinforces the vital role of modeling Christ-like behavior for them to observe and emulate in their daily lives.

What makes this book special is its practical approach to parenting—showing you what to do and how to do it. Through real-life examples and personal experiences, I guide you in understanding how to address challenges like peer pressure, disciplining and the impact of technology while equipping you with the tools to achieve the right outcomes. Together, we'll explore these scenarios, always emphasizing Christ as the foundation for navigating each situation successfully.

Here's what some readers have said about the impact of "Raising Kids to Follow Christ":

"Raising Kids to Follow Christ by Lee Ann Mancini is a much-needed resource for the times in which we find ourselves. As Mancini so accurately states, 'Christianity is being attacked on every imaginable level...' Indeed. More than ever, parents—and every adult believer with influence into the lives of children—must be committed to impart a thoroughly Biblical view of life and faith. Lee Ann Mancini is a compelling voice that God has raised up to inspire and equip. It is a joy to recommend her book, and I pray that countless numbers of people will benefit from her work." Alex McFarland—Author, Educator, Religion Correspondent

"In a culture that is caustic to children and families, Lee Ann Mancini offers a roadmap

back to sanity. If you want your children to be able to successfully navigate the cultural waters with biblical wisdom, this book is for you. More than a surface-level how-to, *Raising Kids to Follow Christ* is a blueprint that will help you make a lasting impression on the heart and mind of your child. Every Christian parent needs this book!" Heidi St. John—Bestselling Author of *Becoming MomStrong*, Speaker and Founder of Faith That Speaks.

Don't miss the opportunity to embrace this essential resource that can truly enrich

your family's spiritual journey! I invite you to grab your copy on [Amazon](#) and [RaisingChristianKids.com](#) today and begin fostering a deeper connection with faith in your home.

As you engage with this book, remember that you're not just reading—you're investing in solidifying a strong faith in Christ for your children. This heartfelt investment will benefit them not only today but also shape their character and values as they navigate the complexities of life in the years to come.



CHAPTER 5

How Troomi Supports Parents

Empowering Families with Faith and Safety

Equipping families with the right tools to navigate the digital landscape is critical. That's why I'm so grateful for Troomi Wireless. This innovative company is passionately dedicated to empowering Christian parents like us by providing technology solutions that resonate deeply with our core values and beliefs.

Troomi recognizes the unique challenges we face as families. They offer [kid-safe phones](#), watches, and resources for parents who prioritize digital safety while aligning with our Christian values. They create a nurturing digital environment where our children can thrive academically and socially while remaining firmly rooted in their faith.

Troomi's user-friendly, kid-safe devices and parent portal are a blessing for parents and children. They allow children to navigate technology confidently and easily, fostering a sense of independence in young users while empowering us as parents to maintain oversight. This dual approach not only aids in communication but also builds trust within our families, providing us with the tools we need to guide our children through the digital world.

Exclusive Features:

Safe Browsing: One of the standout features of Troomi is its safe internet browser, which allows you to help your child learn to use the internet safely. This browser allows you to specify approved website domains, while all others remain entirely blocked for your child, making it a worry-free internet experience. Children can explore the vast web resources without the risk of exposure to harmful materials. They can dive into educational resources and creative outlets that align with our family values while we know their online adventures are secure and enriching. This thoughtful design fosters a healthy curiosity and a safe learning environment, enabling our children to ask questions and seek knowledge while feeling supported by us every step of the way.

Content Filtering: One of Troomi's invaluable features is its robust content filtering system, designed to give parents control over their child's digital experience. While harmful content is automatically blocked, Troomi empowers us to customize additional filters that align with our Christian values. This allows our children to safely explore the online world, engaging with enriching, educational content that reflects the principles we hold dear. With Troomi,

we can rest assured that our children's digital environment is safe and secure.

Parent Alerts: Troomi's Parent Alerts ensure we stay informed about our child's online activity. The system flags potentially inappropriate texts, images, and even emojis, sending us immediate updates so we're always aware of what's happening.

These alerts are fully customizable, allowing us to choose how and when we receive notifications giving us the tools to maintain a healthy balance between providing supervision and fostering independence in our children. With Troomi, we can guide them with wisdom and grace, knowing we have the insights we need.



Active GPS Tracking: With Troomi's GPS tracking feature, accessible through the Parent Portal, we can receive real-time location updates whenever our child has their phone with them. This feature provides peace of mind, helping us ensure their safety while allowing them the freedom to explore the world within the boundaries we've set. Whether they're at school, a friend's house, or anywhere in between, Troomi helps us stay connected to them, fostering both security and trust as they grow in independence under our loving care.

App Management: Managing screen time is crucial in this fast-paced digital age. Troomi equips us with powerful tools to control app usage effectively. With customizable limits on screen time, we can ensure that the apps our children engage with are age-appropriate and aligned with our family values. By promoting healthy digital habits, this feature encourages meaningful interactions—whether through family game nights or shared educational pursuits—fostering deeper connections among family members. Together, we can create a well-balanced lifestyle that values digital engagement and quality family time.

Faith-Based Resources: Troomi goes beyond merely providing a safe digital space; it allows spiritual growth by offering access to a rich array of Christian content. Our families can explore educational materials that enrich young minds and complement the teachings of our Christian values. Uplifting media that encourages positive thinking and reinforces faith-based principles is readily available, making integrating our faith into our daily lives easier. This wealth of resources strengthens our family bonds and nurtures a shared spiritual journey, helping us grow together in faith and values.

I encourage you to explore Troomi's solutions, including their phones, watches, and parent resources, and see how they can support your family's values while enhancing your children's digital experiences. [Learn more](#) about how Troomi Wireless transforms technology for families, allowing us to embrace the digital world without compromising our beliefs. With Troomi, we can confidently navigate today's technology landscape, ensuring it aligns with the principles that matter most to us and our loved ones.



Conclusion

Engaging with Our Resources

Parenting is a beautiful journey filled with both joy and challenges. With the right tools and resources, you can equip your children to navigate life with strong Christian values and a solid Godly foundation to guide them into adulthood.

As you take the next step in this important adventure, I encourage you to explore Troomi's innovative, safe tech solutions. Designed specifically for our little ones, these tools shield them from harmful content and create a secure online environment for them to grow, which is so important in today's world.

Additionally, I invite you to dive into my resources, which offer guidance on instilling faith and integrity in your kids. Consider picking up my book, [Raising Kids To Follow Christ: Instilling a Lifelong Trust in God](#). It's filled with practical strategies and heartfelt

wisdom to inspire you and your children. You'll find real-life scenarios and solutions to help you navigate the complexities of parenting while keeping your family anchored in faith.

Don't forget to subscribe to my podcast! It's a wonderful source of ongoing support and inspiration, featuring discussions on relevant topics and interviews with experts in parenting and faith.

For more information and to discover all the resources available, I invite you to visit Troomi Wireless and my website. Your commitment to raising faithful children is truly commendable, and I'm here to support you every step of the way! Let's ensure the next generation is equipped with the values and skills they need to thrive in this ever-evolving world.

Resources & Further Reading

Recommended Resources

Lee Ann Mancini's Blog: [Teaching Your Children to Be Bold in Their Faith](#)

Troomi Wireless Blog: [How to Protect Your Children Online](#)

Other Recommended Reads:

["The Tech-Wise Family"](#) by Andy Crouch

["Raising Grateful Kids in an Entitled World"](#) by Kristen Welch



Join the Movement

Equip yourself with the knowledge and tools to raise faithful children in today's challenging world. Engage with resources from Troomi Wireless and Lee Ann Mancini to ensure your family thrives in faith and safety.

Contact Information

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Thank you for your commitment to raising faithful children. We're here to support you every step of this important journey. I highly recommend Troomi Wireless, as these phones can truly make a difference in safeguarding our children's lives. With this device, great parental resources, and continued, unwavering faith in our Lord Jesus Christ, we can raise a generation equipped to impact the world. We can inspire transformative change by nurturing strong Christian leaders in the four pillars of society—government, academia, media, and the church. We all at Troomi and Raising Christian Kids are here to support and encourage you on this path.