

# Happy Earth Day!

## Twenty Ways to Celebrate With Your Family

Every year on April 22, we honor the Earth. It's Earth Day! First held in 1970, Earth Day celebrates the achievements of the environmental movement and promotes education about environmental protection.

But most of all, Earth Day offers an opportunity to spend time outdoors and appreciate the world around us!



1. Plan a beach, neighborhood, or community trash clean-up.
2. Head out on a family bike ride and enjoy the scenery!
3. Visit a local recycling center and learn more about recycling. Buy a recycling bin to keep in the kitchen!
4. Embark on a family hike or nature walk.
5. Grab your binoculars and head out on a birdwatching expedition!
6. Visit a local zoo or conservation center. Find out how you can make a difference.
7. Enjoy a family picnic in the park.
8. Learn about water conservation, then get out on the water! Try a kayak, paddle board, or pedal boat.
9. Pop some popcorn and watch a nature documentary together!
10. Decorate reusable canvas tote bags to replace plastic ones.
11. Plant a tree!
12. Make a craft using things you find in nature. Look for rocks, sticks, leaves, and other collectible pieces.
13. Stop at the library and check out a book about local plants and wildlife.
14. Learn about composting. Start setting aside compostable materials!
15. Write up a nature scavenger hunt. Will you find every item on your list?
16. Plan a visit to a local state or national park. Learn about the local ecosystem from a park ranger!
17. Visit a local farm or farmer's market and taste locally grown produce.
18. Grab the camera and try your hand at nature photography!
19. Plant a garden and grow your family's favorite vegetables.
20. Build a bird feeder or birdhouse. Hang it from a tree in your yard!