

International Women's Day is dedicated to

accelerating gender equality

and celebrating the achievements of women

around the world!

The early 1900s introduced rapid industrial expansion and population growth in addition to civil unrest and critical debate about women's rights. National Women's Day was first celebrated in the United States in 1909—but it turned global between 1913 and 1914 when women campaigned for peace in the wake of WWI. International Women's Day was officially adopted by the United Nations in 1975!

There's so much to celebrate on International Women's Day. Here's how you can make the most of this opportunity for activism.

Put on some **purple** or go green —the colors of International Women's Day! Purple symbolizes justice, dignity, and loyalty to the fight for women. Green symbolizes hope for the future!



Learn about iconic female leaders, suffragettes, and women who made an important impact. Head to your local library and check out a book about their lives!

Support a Woman-owned pusiness in your community.

**VOTE** Find out more about the fight for women's voting rights. Celebrate them every time an election rolls around by heading to the polls!

- Reach out to the leading ladies in your life. Let them know how much they've inspired you to be your best self!
- Donate your time, talents, or another resource to an organization committed to supporting women and girls. Check out Girls Inc., WAGGGS, or Women for Women International. (Look into local groups in your area, too!)
- Be a mentor to young girls or your fellow women! Join the Big Sisters program, sponsor a sister, or get in touch with your local community center or college where women's resources might be available.
- Print off an inspiring quote from your favorite female. Hang it where you can see it!
- Hear from women around the world. Check out these **Ted Talks** for women, by women!
- Host an event at home! How about a self-care day, women's game or movie night, or a Q&A with inspiring women to empower your female friends?

